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INTRODUCTION

At our local libraries we see families with food-related issues on a regular basis:

- Middle schoolers eating fast food and junk food every day after school
- Children in the library all day during summer vacation with no lunch or snack
- Families asking for references to food banks and related resources
- Teachers who need books and materials on healthy eating and nutrition
- Families living in “food deserts,” who ask for locations to farmers’ markets
- Parents inquiring on how to start a backyard vegetable garden
- Tweens and teens who would like information on how to start a food drive for those in need

We see it on a daily basis – children coming into the library as a place to do their homework, spend time doing positive recreational activities, and find a safe location to wait for a family member. Often these children are hungry – especially on the weekends or during school vacations, when school lunches are not an option. So libraries can be a resource for families to find out about other agencies that can help them, including food banks. But we can also help by offering materials on growing vegetables if they have a garden, and by having books that promote healthy eating. The ACL Institute often focuses on a type of book with authors and illustrators as our speakers, but we also include speakers on the sociological aspects of those we serve, from information on a middle schooler’s brain development, to the rights of children, or the need to offer materials that may be challenged by censors. The 2012 Institute is not so much about books as has been done in the past, but is about other resources we can offer on this timely and important subject – food justice. From accessing food for those in need, to offering ways for a family to start a garden, to promoting healthier eating habits, this Institute hopes to address a crucial problem that many of our families are encountering.

The need for food and healthy eating is as essential to a child’s development as air, water, and great books. So this Institute will feature several speakers that routinely help families obtain access to healthy foods. Our speakers include:

- Barbara Finnin, Executive Director of City Slicker Farms
- Suzan Bateson, Executive Director of the Alameda County Food Bank
- Sandi Storch, Alameda County Women, Infants, and Children Senior Program Specialist/Breastfeeding Coordinator
- Nikki Henderson, Executive Director of People’s Grocery
- Jumoke Hinton Hodge, Program Director of the People’s Grocery
- Representatives from the Seed Folks Seed Lending Library
- Jeanine Asche from the San Mateo County Library
- Chris Vance, creator of the Pacifica Sanchez Library Garden
- Other agencies offering advice on how libraries can help families access food and nutrition resources
As you leave this Institute, we offer this bibliography as a resource you can use to continue the important goal of helping the community access healthy foods. There is a list of Bay Area organizations with which a library can form a partnership, publicizing the resources of food banks, community gardens, seed libraries, or other agencies. There is also an extensive list of books and materials that you can offer patrons, including stories that promote healthy eating, instructional materials on growing a vegetable garden and cooking, and books on how to put together a food resource program at your library.

An Institute takes a team to put together all the components of a successful program. Thanks to everyone who contributed to the bibliography, especially Martha Shogren who offered the majority of the entries, and Penny Peck for putting it together. Thanks to Erica Siskind and the staff of the Rockridge Branch of the Oakland Public Library for hosting the event, and to Sherry Kumler for coordinating registration. Thanks to Nina Lindsay, Celia Jackson, Susan White, and other ACL members for the refreshments, for what would a workshop on food resources be without food to sustain us? Thanks also to Kathy Haug, Nina Lindsay, Penny Peck, and Ana-Elba Pavon for their help in planning.

The Association of Children’s Librarians of Northern California welcomes all our Institute attendees and hope you find the program useful and enjoyable!

Sincerely,

Amy Martin, ACL Vice President and Institute Chair

About ACL: The Association of Children’s Librarians of Northern California is an organization of dedicated professionals working to provide excellent library service and collections to children and young adults. Founded in the 1930’s by public and school librarians, the group meets monthly to review and discuss books for young readers. Without their enthusiasm and commitment, the annual Institute and its accompanying bibliography would not happen.

2012 Institute – Organizations on Food Justice

Alameda County Community Food Bank
http://www.accfb.org/

Learn how to organize a food drive, or where you can refer families in need of food assistance programs.

Bay Area Hunger
http://bayareahunger.org/

A collaboration of eight Bay Area food banks serving 11 Northern California counties, they offer resources to over 1,500 food pantries and other programs.
City Slicker Farms 
http://www.cityslickerfarms.org/  
With a goal of empowering the community to meet the need for healthy organic food, City Slicker Farms helps residents of West Oakland create urban farms and backyard gardens.

Food Bank of Contra Costa and Solano  
http://www.foodbankccs.org/  
Resources for access to affordable, nutritious food for low-income individuals are available at this site.

Network for a Healthy California: Bay Area Region  
http://www.barnn.org/d_resources_nutrition.htm  
The Bay Area Region provides a wealth of nutrition resources to organizations across the Bay Area, which serve low-income communities, including school resource kits and healthy vending toolkits.

Pacifica Sanchez Library Garden  
http://ucanr.org/sites/MGSSMSF/Programs/Pacifica_Sanchez_Library_Garden_798/  
Dedicated to reaching out to local communities to promote healthy gardens, and grow fruits and vegetables to help low-income seniors.

People’s Grocery  
http://www.peoplesgrocery.org/  
With a mission to improve the health and economy of West Oakland through the local food system, People’s Grocery has several programs to help the community access healthy food.

San Francisco and Marin Food Bank  
http://www.sffoodbank.org/  
Operating several programs to get fresh food to those in need, the SF Food Bank reaches nearly 225,000 people.

Second Harvest Food Bank of Santa Clara and San Mateo Counties  
http://www.shfb.org/  
Dedicated to ending local hunger, Second Harvest partners with local groups to connect people with nutritious food, nearly half of it fresh produce.

Seed Folks Seed Lending Library  
http://www.theseedfolks.org/index.html  
Seed Folks is a volunteer organization that encourages neighbors to grow their own produce, and to share seeds.

Women, Infants, and Children  
http://www.cdphe.ca.gov/programs/wicworks/Pages/default.aspx
WIC is a federally funded health and nutrition program for women, infants, and children. Many of our families may not be aware of their services, which include providing funding for the purchase of healthy food, and offering nutrition education.

ACL INSTITUTE 2012 ON FOOD JUSTICE - BOOKS AND MATERIALS

PICTURE BOOKS

Anderson, Sara
Fruit
Handprint Books, 2007
Anderson’s cheerfully illustrated, sturdy board pages show a variety of fruits. This provides a fun way to introduce fruits to the very youngest children.

Anderson, Sara
Vegetables
Handprint Books, 2007
Anderson’s cheerfully illustrated, sturdy board pages show a variety of vegetables. This provides a fun way to introduce vegetables to the very youngest children.

Ayres, Katherine
Up, Down and Around
Westcott, Nadine Bernard, illus.
Candlewick, 2007
A garden produces edible plants; some grow up, some grow down and some twist around.

Barron, Res
Showdown at the Food Pyramid
Putnam, 2004
When snack foods take over the Food Pyramid and make it collapse, the various food groups join together to chase them away.

Blackstone, Stella
Making Minestrone
Brooks, Nan, illus.
Barefoot Books, 2000
A lively group of children pick vegetables from the garden to make a special soup.
Brown, Peter.
The Curious Garden
Little Brown, 2009
In a gray urban setting, young Liam discovers a scraggly garden on an elevated railway and proceeds to nurture it so that it spills over into the neighborhood.

DiSalvo-Ryan, Dyanne
City Green
Morrow, 1994
Marcy and Miss Rosa campaign to turn a vacant lot into a community garden.

Durant, Alan
Burger Boy
Matsuoka, Mei, illus.
Clarion, 2006
Mom's prediction comes true when Benny, who hates vegetables and eats only hamburgers, turns into one.

Ehlert, Lois
Eating the Alphabet: Fruits and Vegetables from A to Z
Harcourt, 1989
Children will delight in this colorful and vibrant collection of fruits and vegetables. Everything from apricot and artichoke to yam and zucchini is represented; the book is organized alphabetically.

Ehlert, Lois
Growing Vegetable Soup
Red Wagon Books, 2004
A father and child grow vegetables and make them into a delicious soup.

Falwell, Cathryn
Mystery Vine: a Pumpkin Surprise
Greenwillow, 2009
When a mysterious vine appears in the garden, the young gardeners watch and wait. Aha! A pumpkin. Includes recipes.

Florian, Douglas
Vegetable Garden
HBJ, 1991
A family plants a vegetable garden, tends it so it grows into a rich harvest.

French, Vivian
Oliver's Vegetables
Bartlett, Alison, illus.
Orchard, 1995
When grandfather picks vegetables from his own garden, Oliver learns to eat vegetables other than potatoes. Fresh is best!

Garland, Sarah
Eddie's Garden: and How to Make Things Grow
Frances Lincoln Children's Books, 2004
Eddie and his mother produce vegetables for their family in the vegetable garden. Young readers will find tips for doing the same in their own gardens or in container gardens.

George, Lindsay Barrett
In the Garden: Who's Been There?
Greenwillow, 2006
As Jeremy and Christine pick vegetables for dinner, they notice who has been in the garden before them.

Gourley, Robbin
Bring me some apples and I'll make you a pie: a story about Edna Lewis
Clarion, 2009
From spring through winter's beginnings, Edna's family gathers fruits, berries and vegetables from the fields of their farm. Edna Lewis went on to become a famous chef. Recipes included.

Henkes, Kevin
My Garden
Greenwillow, 2010
A young gardener imagines what her ideal garden would be like, including tomatoes as big as beach balls and chocolate rabbits (so they can't eat the lettuce).

Iwai, Melissa
Soup Day
Henry Holt, 2010
Mother and child gather vegetables and prepare soup on a cold and snowy day.

Lin, Grace
The Ugly Vegetables
Charlesbridge, 1995
A little girl thinks all her mom’s vegetables are ugly until she tastes the delicious Chinese soup.

McClure, Nikki
To Market, To Market
Abrams, 2011
Mother and son visit the farmers' market, checking off items on their shopping list and discovering how each particular food is grown or produced.

Milway, Katie Smith
The Good Garden: how one family went from hunger to having enough
Daigneaut, Sylvie, illus.
Kids Can Press, 2010
Eleven-year-old Maria Luz and her family have a small farm in Honduras. While her father seeks work elsewhere, Maria tends the garden they need for food.

Milway, Katie Smith
One Hen: how one small hen made a big difference
Fernandes, Eugenie, illus.
Kids Can Press, 2008
Based on a true story, this tells how one Ghanian boy buys a chicken with a small loan and manages to lift his family from poverty.

Ray, Deborah Kogan
Lily's Garden
Roaring Brook, 2002
Lily, who lives in Maine, exchanges seed and gardening successes with her grandmother in California.

Reggier, DeMar
Good Food
Clar, David Austin, illus.
Childrens Press, 2005
A boy grocery-shops for nutritious foods with his Dad and helps cook dinner for the family.

Rosa-Casanova, Sylvia
Mama Provi and the Pot of Rice
Roth, Robert, illus.
Atheneum, 1997
When Lucy gets chicken pox, her grandmother Mama Provi brings a feast of arroz con pollo to her. Along the way, Mama Provi trades bowls of her arroz con pollo for other foods the neighbors make, resulting in a varied and delicious feast for Mama Provi and Lucy

Rosenberry, Vera
Who Is In the Garden?
Holiday House, 2001
A young and curious African American boy invites the reader to enter the garden through the gate. All sorts of interesting things are to be found there, including a snake, a mantis, a turtle, sunflowers, crisp cabbages, and a bean teepee. OP.

Rylant, Cynthia
Brownie and Pearl Grab a Bite
Biggs, Brian, illus.
Beach Lane, 2011
A little girl and her cat enjoy a lunch of cheese, apples, crackers and milk.
Sayre, April Pulley
Rah, Rah, Radishes! A Vegetable Chant
Beach Lane, 2011
Photographs of vegetables with accompanying rhymes celebrate vegetable in color and taste.

Schwartz, Roslyn
The Vole Brothers
Owlkids, 2011
Two brothers are very busy trying to find something to eat without being eaten themselves.

Small, David
The Gardener
FSG, 1997
After her father loses his job, Lydia Grace Finch is sent to live with her curmudgeonly Uncle Jim in the city. She brings her love of gardening with her in the form of a suitcase filled with seeds, and slowly transforms the atmosphere in her uncle's bakery with the lovely flowers she grows. But can she do enough to make even her Uncle Jim smile?

Spinelli, Eileen
Miss Fox's Class Shapes Up
Kennedy, Anne, illus.
Whitman, 2011
Miss Fox teaches her students that healthy eating and exercise can help them win on Field Day.

Wallace, Nancy Elizabeth
Seeds! Seeds! Seeds!
Marshall Cavendish, 2004
Buddy Bear learns about different kinds of seeds and how they are used.

Wellington, Monica
Pizza at Sally's
Dutton, 2006
With vegetables from her own garden and other fresh ingredients, Sally makes hot, bubbly pizzas to take home or eat in her pizzeria.

Wright, Michael
Jake Goes Peanuts
Feiwel and Friends, 2010
In order to make Jake eat something besides peanut butter, his parents declare "peanut butter week." How about Peanut Butter Soup, Peanut Butter Pot Roast, or even Peanut Butter Dog Food?
**FOLKLORE**

Brown, Marcia  
*Stone Soup: an Old Tale*  
Atheneum, 1947  
Three soldiers gently manipulate a village to share their meager food stores to create a soup to feed the entire town in this Caldecott Honor classic.

Galdone, Paul  
*The Magic Porridge Pot*  
Clarion, 1979  
Galdone’s retelling of the tale features not only a magic porridge pot, but also a girl who forages for nuts and berries and a community that learns to share what it has.  
OP

Mollel, Tolowa M.  
*Ananse’s Feast: an Ashanti Tale*  
Glass, Andrew, illus.  
Clarion, 2002  
Ananse is unwilling to share his feast until Akye the turtle finds a way to get even.

Robbins, Ken  
*Food for Thought: the Stories Behind the Things We Eat*  
Roaring Brook, 2009  
Cultural history and photos combine to describe the myths associated with the food we eat. Better for browsing than for research; the photographs will draw an audience, and are a highlight.

**FICTION**

Davies, Nicola  
*Welcome to Silver Street Farm*  
McEwen, Katharine, illus.  
Candlewick, 2012  
First in a series imported from England, three friends create a farm in the city by adapting an abandoned railway station.

Gutman, Dan
Mrs. Leakey is Freaky
Paillot, Jim, illus.
Harper, 2011
The new health teacher forces the students to eat healthy foods and exercise.

Havill, Juanita
Grow: a Novel in Verse
Peachtree, 2008
Two girls forge a friendship while working on a community garden in Minneapolis; a proposed parking garage threatens the garden.

Muldrow, Diane
A Measure of Thanks
Poltak, Barbara, illus.
G and D, 2007
When Molly throws herself into planning a fundraiser to benefit America's Second Harvest, she faces a personal dilemma. One of a series by this pair called DISH: a group of girls learning to cook and start a business.

Quattlebaum, Mary
Jackson Jones and Mission Greentop
Delacorte, 2004
At first, Jackson is not too pleased when his mom gets him a plot in the community garden for his birthday, but he is moved to defend the whole garden when it is threatened by developers.

Rawlings, Margaret
The Secret River
Dillon, Leo and Diane, illus.
Atheneum, 2009
Calpurnia and her dog catch enough fish from the river to feed, not only her neighbors, but the forest creatures as well.

Shecter, Ellen
The Big Idea.
Dorsey, Bob, Illus.
Hyperion, 1996
Luz Mendez is determined to turn a vacant lot into a garden like her grandmother's in Puerto Rico.
**POETRY**

Mora, Pat
Yum! MMMM! Que Rico! America’s Sproutings
Lopez, Rafael, illus.
Lee & Low, 2007
Haiku poems celebrate food indigenous to the Americas, accompanied by information on each food’s origin.

Rosen, Michael, ed.
Food Fight: Poets Join the Fight Against Hunger with Poems about Their Favorite Foods
Harcourt, 1996
Thirty-three contemporary American poets contribute original verse in support of the anti-hunger organization Share Our Strength. OP.

Shannon, George
Busy in the Garden: Poems
Williams, Sam, illus.
Greenwillow, 2006
Short poems and riddles celebrate seeds and gardens.

**NON-FICTION**

Anderson, Judith
Once There was a Seed
Gordon, Mike, illus.
Barrons, 2010
The life cycle of plants is described, from the seed sprouting roots and leaves to becoming a mature plant which produces more seeds.

![Image of a children's book](image)

Butterworth, Christine
How Did That Get in my Lunchbox: the story of food
Gaggiotti, Luela, illus.
Candlewick, 2011
Examining how each item in the lunch was made, this explains how common foods are produced. With health tips and basic food groups.

Chancellor, Deborah
Healthy Eating
Crabtree, 2010
Children are told why a healthy diet is important and what foods and combinations of food are best to stay healthy.

Creasy, Rosalind
Blue Potatoes, Orange Tomatoes: how to grow a rainbow garden
Heller, Ruth, illus
Sierra Club, 1994
Learn how to grow and plant colorful vegetables (currently known as heirloom plants) including red corn, yellow watermelon and multicolored radishes.

Doeden, Matt
Eat Right: how you can make good food choices
Desrocher, Jack, illus.
Lerner, 2009
Giving delicious examples of foods, this encourages healthy eating.

Ichord, Loretta Frances
Double Cheeseburgers, Quiche and Vegetarian Burrito: American cooking from the 1920's through today
Ellis, Jan Davey, illus.
Millbrook, 2007
From wartime rationing and victory gardens, vegetarianism, organic foods to hold the fat, hold the carbs, hold the cholesterol -- All the changes in diet through the century to today.

Gibbons, Gail
The Vegetables We Eat
Holiday, 2007
In simple text and illustrations, the reader learns about vegetables people eat.

Haduch, Bill
Food Rules: the stuff you munch, its crunch, its punch and why you sometimes lose your lunch
Stromoski, Rick, illus.
Dutton, 2001
Well-organized book on food and nutrition that is full of stories, recipes, jokes and facts about food.

Hughes, Meredith Sayles
Green Power: leaf and flower vegetables
Lerner, 2001
Describes the history, growing needs, uses and food values of green vegetables, including cabbage, broccoli, artichokes, endive and lettuce. With recipes.

Hughes, Meredith Sayles
Stinky and Stringy: stem and bulb vegetables
Lerner, 1999
The history and uses of stinky bulbs: onions, garlic, leeks, shallots and of stalk vegetables: celery, asparagus and rhubarb. With recipes.

Kielburger, Marc
Take action!: a guide to active citizenship
John Wiley, 2002
Full of valuable tips on how young people can make a difference in the lives of people in need, including homelessness and hunger.

Krezei, Cindy
Kids’ Container Gardening: year-round projects
Curtis, Bruce, photos
Ball Pub., 2005
Using bowls, glasses, pots, even old hats, here is a guide to growing plants and vegetables all year round.

Leedy, Loreen
The Edible Pyramid: good eating every day
Holiday, 2007
The Edible Pyramid is a restaurant dedicated to mouth-watering foods built around the food pyramid.

Lerner, Carol
My Backyard Garden
Morrow, 1998
A month to month list guides the young gardener through starting and maintaining your own vegetable garden.

Lewis, Barbara A.
The Kid's Guide to Service Projects: over 500 service ideas for young people who want too make a difference
Lee, Michelle, illus.
Free Spirit, 2009
Encourages young people to volunteer for community service in many areas, including hunger, homelessness, community gardens.

Loves, June
Vegetables.
Chelsea Clubhouse, 2005
Vegetables from seed to table with tip for gardeners.

Macken, JoAnn Early
Flip, Float, Fly: seeds on the move
Paparone, Pam, illus.
Holiday, 2008
With lush illustrations, this demonstrates the various ways seeds naturally distribute themselves.

Morris, Karyn
The Kids Can Press Jumbo Book of Gardening
Kurisu, Jane, illus.
Kids Can Press, 2000
Everything you need to know about organic gardening at home, at school and on a balcony.

Neihaus, Allisha
My Food Pyramid
DK, 2007
Colorful guide to the new food pyramid.

Peterson, Cris
Seed, Soil, Sun: Earth's recipe for food
Lundquist, David, photos
Boyd's Mills, 2010
Agriculture is the main subject here, showing not only how seeds germinate but also about the soil and the creatures in the soil.

Pollan, Michael
Food Rules: an Eater's Manual
Maira Kalman, illus.
Penguin, 2011
Though considered an adult book, it has charming illustrations by Kalman and the information is presented in small bites. The only content at all inappropriate for children is the two-page spread on drinking wine with a meal.

Senker, Cath
Poverty
World Almanac Lib, 2007
Poverty is a worldwide problem affecting health, education, and the environment. This book discusses ways NATO hopes to solve it.

Shaefer, Lola M.
Pick, Pull, Snap!: where once a flower bloomed
George, Lindsay Barrett, illus.
Greenwillow, 2003
This describes how various plants, such as peanuts, corn and raspberries, are produced as the plants grow, create seeds and finally bear fruit.

Sterling, Kristin
Exploring Seeds
Lerner, 2012
Discusses the physical traits, functions and uses of seeds.

Taylor-Butler, Christine
The Food Pyramid
Childrens Press, 2008
A guide to proper nutrition is combined with an explanation of the new food pyramid.
Wade, Mary Dodson  
*Seeds Sprout*  
Enslow, 2009  
Describes all the parts of a seed, where it comes from, how it grows and how it travels.

Zoehfeld, Kathleen Weidner  
*Secrets of the Garden: food chains and the food web in our backyard*  
Knopf, 2012  
Depicts a family of four who make their garden their summer home as they prepare the soil, plant seeds, water the garden, and watch for a harvest of vegetables.

**COOKBOOKS**

![Kid's Multicultural Cookbook](image)

Cook, Deanna F.  
*The Kid's Multicultural Cookbook: food and fun from around the world*  
Kline, Michael, illus.  
Williamson, 2008  
The author traveled around the world asking kids about their favorite foods. The recipes are clear and easy to follow.

Fauclald, Nick  
* Holy Guacamole! And Other Scrumptious Snacks  
Picture Window Books, 2008  
Illustrated with step-by-step instructions, this easy to use cookbook offers 14 recipes, an introduction to the food pyramid, and ideas for healthy eating.

Fauclald, Nick  
* Indoor S'Mores:  And Other Tasty Treats for Special Occasions  
Picture Window Books, 2008  
Recipes for 14 special occasion treats are served up in this easy to use cookbook.

Kushner, Malcolm L  
*California Squisine: Healthy Food That's Fast and Fun for Kids*  
Robert D. Reed Publishers, 2010  
Over 100 kid-friendly recipes also promote healthy eating, often advising the diner to squeeze a little sauce or dip onto fruits and vegetables as a snack.

Lock, Deborah, ed.  
* Grow it, Cook it  
DK, 2008
First you grow it, then you harvest and prepare it; a cookbook with appealing recipes kids grow and cook.

Stern, Sam  
Get Cooking  
Candlewick, 2009  
More than 100 recipes are included in this cookbook by British celebrity teen chef Sam Stern, enhanced with numerous color photos and clear instructions.

Stern, Sam  
Real Food, Real Fast  
Candlewick, 2008  
British teen chef Sam Stern serves up easy to prepare recipes that will motivate tweens and teens to make their own meals rather than eat fast food. Filled with color photos.

Wagner, Lisa  
Cool Lunches to Make and Take: easy recipes for kids to cook  
ABDO, 2007  
Recipes here intend to be not only easy but nutritious and delicious variations on foods to make for lunch at home or to take to school.

Witherspoon, Jack  
Twist it up: more than 60 delicious recipes from an inspiring young chef  
Giblin, Sheri, photos  
Chronicle, 2011  
Eleven-year-old Jack got the chef bug while watching the Food Network during leukemia treatments. His recipes are easy, nutritious and fun. He has organized Food Fests to aid leukemia research.

**PROFESSIONAL READING**

Danks, Sharon  
Asphalt to Ecosystems: Design Ideas for Schoolyard Transformation  
This color guidebook for designing and building natural schoolyard environments will help teachers and librarians transform a yard into an area that enhances play, learning, and nutrition.

Hannemann, Monika  
Gardening with Children  
Tomasello, Sam, illus.  
Brooklyn Botanic Garden, 2011  
More than forty gardening- and plant-related projects are included in this helpful introduction to gardening with children.

Hanson, David and Edwin Marty  
Breaking Through Concrete: Building an Urban Farm Revival  
Hanson, Michael, photos  
University of California Press, 2012  
The Hansons visited twelve urban gardens across the country; each is featured in an essay. Photos and how-to advice round out the book.

Kirby, Ellen and Elizabeth Peters, editors  
Community Gardening
Brooklyn Botanic Garden, 2008
Practical advice abounds in this collection of ten essays that cover the pros and cons of several different types of community gardens. Kirby and Peters have created a handy guide for anyone getting started in community gardening.

Obama, Michelle
American Grown: The Story of the White House Kitchen Garden and Gardens Across America
Crown, 2012
First Lady Michelle Obama describes how she planted a kitchen garden on the South Lawn of the White House, as part of her mission to help families eat better. Filled with photos, this could inspire schools and libraries to create community vegetable gardens.

Smith, Jeremy N.
Growing a Garden City: How Farmers, First Graders, Counselors, Troubled Teens, Foodies, a Homeless Shelter Chef, Single Mothers, and More are Transforming Themselves and Their Neighborhoods Through the Intersection of Local Agriculture and Community – and How You Can, Too
Skyhorse Publishing, 2010
Fifteen people tell how local food, farms, and gardens changed their lives and community; seven in depth “How It Works” sections offer advice on how to help your community grow and distribute healthy food.

Waters, Alice
Edible Schoolyard: A Universal Idea
Litswager, David, photos
Chronicle Books, 2008
Describes the "edible schoolyard" concept that was created by renowned local author Alice Waters and teacher volunteers who put together a garden from scratch at a middle school in Berkeley, CA. The concept is now being used in a number of schools as part of the curriculum.

Winne, Mark
Closing the Food Gap: Resetting the Table in the Land of Plenty
Beacon Press, 2008
Winne’s scholarly account explores the causes for the difficulties many have in getting access to reasonably priced, good-quality food. Some of his solutions will take time and political action for implementation, as he feels that sweeping changes in policy reform are needed. Food activists will find much to chew on here.

MEDIA- DVD
Cooking and Children: a Learning Activity
Learning Zone Xpress, 2011
In this half hour instructional DVD, children learn about nutrition by making healthy snacks, including sweet potato dip and rainbow salad.

Eating for Your Future
Discovery Channel School, 2005
An overview of the effects of nutrition on teens, encouraging healthy eating habits.

The Garden
Oscilloscope Pictures, 2009
In South Central Los Angeles, The Garden is a 14 acre community garden that began after the 1992 riots. This 80 minute documentary chronicles the fight to keep the garden intact after the city sells it to developers.

Lunch Lady’s Guide to the Food Pyramid
Mazzarella Media, 2011
A humorous cooking show for kids provides information about the new food pyramid, obesity, diet, and exercise.

**MEDIA- Recordings**

Chapin, Tom
Give Peas a Chance
Sundance Music, 2011
A dozen joyous songs on eating healthy are served up by this Grammy-Award winning children’s musician.

Fink, Cathy
Bon Appetit! Musical Food Fun
Rounder Kids, 2003
Singer-songwriter Fink and her collaborator Marcy Marxer offer 16 songs focusing on nutrition and healthy eating for children.

LaPow, Gary
Food ‘n’ Fun: A Rockin’ Celebration of Good Eatin’
Springboard Records, 2005
Bay Area children’s singer-songwriter LaPow brings his energy to songs about the benefit of healthy eating for children.